



Life Membership

*We are very happy to welcome
Mrs. Selliah Chandra Kanthan &
Rani Kanthan as Life members.*

Recipe Corner

Chicken Varuval

(Preparation time 30 minute)

Ingredients:

Chicken	- 6 thigh pieces (skinless)
Curry leaves	- 3 sprigs (optional)
Onion	- 1 chopped fine
Turmeric powder	- 1/2 tsp
Chilli powder	- 1 tsp
Cumin powder	- 3/4 tsp
Garlic powder	- 3/4 tsp
Oil /Ghee	- 3 tbsps
Salt	- to taste

Mix all the dry spices in a bowl and coat the chicken pieces with it.

Heat skillet to high heat, pour oil, sprinkle the curry leaves and when it crackles, spread the chicken on the leaves. Let it sear on one side for about 3 minutes, turn the chicken pieces and sear the other side for another 3 to 4 minutes. Then again flip the chicken pieces, reduce heat to medium and let it cook with the lid half closed for 10 minutes. Open the lid increase the heat to high and let the water released from the chicken evaporate (be careful not to let it burn!) for about 8 minutes. Then sprinkle the onion over the chicken, mix and let it cook for a couple of minutes or until the onion browns. This preparation is waterless cooking - do not add water at any stage. Let it sit for 10 minutes and then enjoy! - Jpiks

KUDOS

Congratulations on a very attractive & professional newsletter. Good job - keep up the good work!
- The Gargs

We would like to hear from you

What would you like to see in the next edition of the Newsletter?

If you have articles, jokes or photos that you would like to share with the members, please email to Dr. Kalyani Premkumar @ kalyani.premkumar@usask.ca

Awards

During 2007 several members of the Indo-Canadian community also earned rewards for their dedicated community service:

Mrs. Lalita Malhotra (Citizen of the Year for Prince Albert)

Mr. Udav Bhalerao (Physician of the Year for the Saskatoon Health Region)

Renamed in India - test your knowledge

1. After contributing a new word to the English language, which Indian city decided to officially change its name on 1 November 2006?
2. It is well known that Mumbai was known as Bombay before being renamed in December 1995. What was the name given to Bombay by the Portuguese before it passed into the hands of the British?
3. Karnataka is one of the 28 states of India. What was it known as before being renamed in 1973?
4. Until 1973, the Union Territory of Lakshadweep was known as the Laccadive, Minicoy and Amindive Islands or the anglicized version, Laccadives. What is the literal translation of the name Lakshadweep?
5. The name of a type of cotton textile was derived from the former name of the coastal city of Kozhikode. What is the name of the textile?
6. What was Kanyakumari, the southernmost tip of the Indian peninsula, known as during the British rule?
7. Kochi is located in the state of Kerala. Known as the 'Queen of the Arabian Sea', Kochi was an important port on the spice trade route. What was it called before being renamed in 1996?
8. This holy Indian city was renamed Varanasi in 1956. (See answers below)

In Memoriam

In 2007, Saskatoon lost 6 individuals who had served the Indo-Canadian community and others in a variety of capacities over the years:

Mr. Aninda Chakravarti
Mrs. Shubra Datta
Mrs. Wanti Dhingra
Mrs. Naseem Ismail
Mr. G. L. Saini
Mr. Gaya Singh
Mr. Kripa Thakur

The board and members of ICCA offer their condolences to the families.

YOUR ACCESS TO THE ICCA BOARD

Call 881 9955, leave message & get a response within 24 hrs.
or email: namaste@iccasaskatoon.ca

Words of wisdom

You don't stop laughing because you are old - you grow old because you stop laughing.

Life is a succession of lessons which must be lived to be understood.

Our greatest glory is not in never falling, but in rising every time you fall.

One life can influence an entire community, just as a flower can fill a room with sweet perfume.

Every great and noble work seemed at first impossible.

No smile is more beautiful than the one that struggles through tears.

Success lies not in what we start but in what we finish.

If you learn from losing, then you have not lost.

1. Bangalore 2. Bom Bahat
3. Mysore 4. Hundred thousand islands
5. Calico 6. Cape Comorin 7. Cochin
8. Benares

President's report

Year of changes

This has been a year of change. While presenting programmes that fulfil the mandate of India-Canada Cultural Association (ICCA), the current board has also made considerable progress toward correcting a number of organisational deficiencies that have crept in over the years.

The board has established objective criteria for the selection of its Folkfest ambassadors and all candidates go through an interview process conducted by a committee. Folkfest vendor contracts spell out what ICCA expects of its vendors and what they can expect from us.

At a special general members' meeting and with the intent of broadening the base of the organisation, ICCA amended its by-laws to include a new business class of membership.

At its Semi-Annual General meeting, ICCA amended its by-laws to change the way in which it holds elections. Henceforth, the new board will be elected in the month of December preceding ICCA's Annual General Meeting in February. The change is expected to allow the board members-elect time to familiarise themselves with the running of the organisation and the activities it undertakes to serve its membership. The new board assumes its duties at the conclusion of the business of the Annual General Meeting and will be advised of important deadlines which it must meet.

The duties of the various board positions have been clarified to a considerable degree over and above the general requirements of ICCA's by-laws. The intent is to match member skills with the requirements of the board position to form a working team.

The duties of the Nominating Committee have been defined and clarified. With the object of establishing a working board, the Nominating Committee now has a clear set of guidelines for the selection of suitable board candidates.

An old adage states: "All of us are stronger than one of us." Accordingly, now that a foundation has been established, the existing board and the board-elect have met and are currently establishing teams to carry out a variety of organisational and programming tasks.

In view of the fact that India is regaining its prominence on the world stage, our goal for the future is to raise the profile of India-Canada Cultural Association in the eyes of both the Indo-Canadian community and the wider community as well. With the aid of an enlarged and engaged membership, we are optimistic that the wider goal of preserving, promoting, and interpreting Indian culture can be realised in the manner of "friends educating each other."

- Gerald Harrison

Folkfest 2007

By all accounts, India Pavilion, at Folkfest 2007 was a great success.

The Star Phoenix had good things to say about our pavilion in their review and the following comments from the Folkfest organisation sums it up very well:

"No lines, very friendly, food really good, great service, entertainment was awesome, layout organized very well, lots of people, very welcoming, henna was a good idea, lots of volunteers, tons to look at, lots of cultural decorations."

The theme for ICCA this year being 'Change', Folkfest was no exception! We made several changes and improvement in our floor arrangement, food preparation, food service, sound system, power supply and vendor placement.

Our food prices were lower than usual and the food was prepared fresh everyday with a different menu each day. The visitors certainly noticed the difference and relished the food. Food transportation was made easy by introducing plastic boxes to transport food trays between the food centre and the pavilion.

Our Ambassadors did a superb job of welcoming our patrons in a friendly manner.

Our sari bazaar was more successful than last year because we offered a greater variety of items at lower prices than previously.

Displays highlighted the fact that the United Nations has designated Gandhi's birthday as the International Day of Non-violence or Ahimsa Day. They also highlighted the fact that this year, the Taj Mahal has been chosen as one of the seven wonders of the modern world.

The Indian musical instrument display accompanied by a Powerpoint presentation was both informative and entertaining.

This year's entertainment was of high calibre and the audience obviously appreciated the numerous items presented. This year, over the three days, the pavilion was visited by 12, 635 visitors.

Gandhi said, "In a gentle way you can shake the world. Consciously or unconsciously, every one of us does render some service to others. If we cultivate the habit of doing this service deliberately, our desire for service will steadily grow stronger and we will make not only our own happiness, but that of the world at large."



You must be the change you wish to see in the world - Mobandas Karamchand Gandhi



Editor's note

The new Oxford Thesaurus of English gives a number of synonyms for the word "change." Make alterations to, adjust, adapt, turn, amend, improve, modify, revise, reshape, reorganize, refine, transform, evolve, customize, are some words that are given. The opposite of change is given as: to preserve or stay the same.

Over the last year, ICCA has certainly not stayed the same.

We have made efforts to refine the way we function. This should be a continuing process and we should adapt and evolve. For one, the focus has now shifted to enable members to take ownership of ICCA. The introduction of the organogram paves the way for members to be creative and innovative and actively participate in ICCA's functioning.

By-laws have been amended to adapt to the changing times. There needs to be a shift from the Folkfest being the prime focus of ICCA to it being just one of the many activities. While the Folkfest, indeed highlights our culture to the Saskatoon community, we need to evolve into a community service organization.

How can we welcome new immigrants and help them adjust to the Canadian culture? As we serve our Indian brothers and sisters, how can we partner with the wider community of Saskatoon and make it a better place to live? How can we nurture our youth to become leaders in the community? – These are some of the questions we should ask ourselves.

The board of 2007 has made an effort to reorganize the structure. As the baton is passed on to the board of 2008, let us work with them to support and grow individually and as a group.

- Kalyani Premkumar

View from the chair

- Sangeetmaala



It has been pleasure working with the community through ICCA. We have a very active Radio Committee and all the radio related activities are planned and run by this committee. We have planned, developed and established guidelines for News Readers and Sangeetmaala hosts. Members of the Radio committee and the Radio hosts are listed on our web site. I have planned to step down in February 2008 as Chair of this committee and Mrs. Usha Kapoor will take over from me as the team leader and Amol Ghorpade

will be the chair/board representative, this committee. However, I will serve on this committee as a committee member and assist in planning and as well host shows in Hindi and Telugu languages.

"Sangeetmaala" radio shows air on CFCR FM 90.5 every Saturday. The program in Hindi airs from 11 a.m. to 12 noon. Other Indian languages such as Tamil, Telugu, Malayalam, Kannada, Punjabi, Oriya and Rajasthani are aired from 12noon to 12:30 p.m. This year, we have introduced more prizes for the quiz songs. There is also a prize for the 2nd segment of the Sangeetmala, which is in other Indian languages. So far, we have awarded prizes amounting to over \$1500. On behalf of the Radio Committee, I would like to thank Sheetal Upadhyay Esthetic Services, Taste of India and Ahmad's Groceries for sponsoring prizes every week for our radio shows. Sangeetmaala shows can be heard live all over the world on the web by logging onto www.cfc.ca. Any one from any part of the world can participate in this quiz contest and win the prizes. The winners from outside Saskatoon can request anyone of their choice in Saskatoon to pick up the prizes on behalf of them and use them. The third correct caller is always awarded the prize.

I am happy to report that through your support, we have been able to raise close to \$3000 for CFCR Community Radio Station during FMPhasis fundraising event last year. I also would like to let you know that I have been elected as the Chair of the Multicultural Committee of CFCR Community Radio Society and a Board Member. I will be representing our Sangeetmaala on CFCR's Board as well as on its Multicultural Committee.

We encourage participation from the members of the wider community in our radio shows. As an effort in this direction, we have increased the number of news readers and radio hosts. Our committee has Pallavi Kalagnanam as our News Readers Coordinator and youth representative. We recently inducted Priyanka Tikoo as our Assistant News Reader Coordinator.

I would like to encourage ICCA members to participate in Sangeetmala. We are in need of radio hosts who can speak in languages other than Hindi. If you would like to host a radio show, please call me at 343 6005 or send me an e-mail at DrKhysarPasha@hotmail.com

We also welcome sponsors for prizes.

- Khysar Pasha

Treasurer's ramblings

The year started for the current board only by the end of March and it has gone by quite rapidly!

We had to hit the road running because almost the entire board was new to ICCA and its activities. We had to learn on the job and the board was slim to start with but continued to lose members.

We did the best with what we had. We made some changes. We made plans, some worked and others did not. At times it was gratifying to see our work appreciated and when members participated. There were other times when we went home in disgust after a program because of lack of participation from the membership.

Folkfest reunited everyone and people started coming out of the woodwork! It was a grand success on all accounts. This board's philosophy was not to see excess profit from Folkfest but to break-even. The priority was to present our culture in its best light, provide sumptuous, tasty, fresh, typical Indian food at a very reasonable price and an entertainment of high caliber to the people of Saskatoon. It was all of that and more. We also made a modest profit of just under \$2000.

Our membership was at 40 to start with, we went after renewals and got it up to a decent number of 112 when we ended our term. The new class of membership that we introduced for the business community attracted some interest and 4 businesses became members. We were very pleased to receive ICCA's very first life member in 2007!

We screened two Hindi movies during the year and both resulted in a loss due to lack of interest from membership and poor attendance. We also offered a public speaking workshop organised jointly with ISA, at no charge to membership and about 25 people participated and benefited. We have tried to provide value for the membership fee paid by members.

Though we have ended the year in the negative financially, overall, ICCA is in good financial shape, despite incurring a loss by honouring the Jazz Festival sponsorship commitment inherited from the previous board. Our investments continue to grow and provide returns of approximately \$1200 per year.

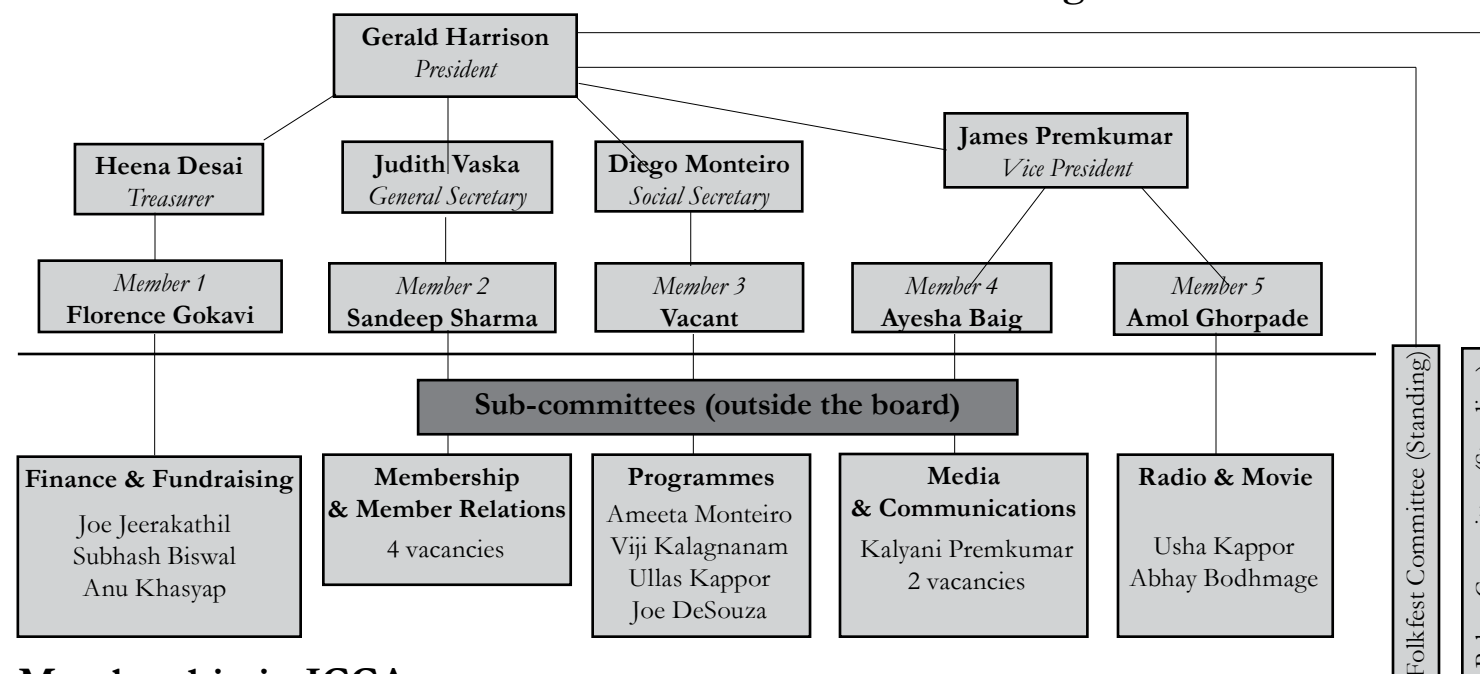
With all the changes we have made to the way we will function in the new year we can only hope for a bright year ahead for ICCA

- JPK

For 2008, we have divided our programs into 4 broad classifications and have tried to offer at least one program a month.

Tentative Program Calendar 2008 - 2009				
Month	Business/Social events Lead: Ameeta Monteiro	Member development Lead: Viji Kalagnanam	Cultural outreach Lead: Ullas Kapoor	Community involvement activities Lead: Joe D'Souza
February	AGM + Free Movie			Movie (collecting & delivering donation to Food Bank)
March		Yoga workshop		Meewasin Clean-up
April			TBD	
May				
June	Family Picnic			
June	Community Cricket			
July	Community Cricket	Cricket workshop for kids	Canada Day Celebrations Taste of Saskatchewan FolkFest	Movie (Collecting & delivering donation to Food Bank)
August	Community Cricket			
September	SAGM + Free Movie Volunteer Appreciation			
October	Major Cultural Event (dance or musical recital)		Gandhi Jayanti Celebration	
November	India Supper (fundraiser)			
December	Elections		TBD	
January '09		Dance Workshop		

Organisational chart 2008



Membership in ICCA

Membership in ICCA is open to anyone interested in understanding or just enjoying Indian Culture.

We have five classes of membership:

Life Membership is for our patrons who believe in the mandate of ICCA and donate \$1000 as a one time donation. Such donors will be eligible for a tax receipt and will be presented with a plaque in recognition of their generosity.

Family membership "Family" is understood to mean the nuclear family. Family members 18 years and older must apply for an individual

membership. The annual membership fee is \$25.

Individual membership is open to single individuals 18 years and older for an annual fee of \$15.

Student membership is open to our student community. The fee is only \$10.

Business Membership: For an annual membership fee of only \$125, our Business members are entitled to both an online directory listing and a web banner advertisement on the directory page on a rotational basis.

Downloaded membership application at www.iccasaskatoon.ca/membership.html

Our Mandate

The Mandate of the India-Canada Cultural Association is to promote better understanding between persons of Indian origin and residents of Canada and to promote, develop and enrich the cultural and social life of the members of ICCA and of the community at large.

We strive to promote Indian culture and heritage among residents of Saskatoon and beyond.